

Enhancing Care Through Hydrotherapy at Aston Manor Care Home

CASE STUDY





Client: Aston Manor Care Home
Location: West Turville, Buckinghamshire
Care Provider: Harrington Care Homes
Sector: Care Facilities

Aspiration: A Luxury Wellness Environment Supporting Mobility, Rehabilitation and Wellbeing

Aston Manor Care Home was designed to provide a premium care environment where specialist support could be delivered without compromising comfort, dignity or the overall resident experience.

As part of the home's dedicated Wellness Centre, hydrotherapy formed an important part of the vision. The facility needed to support residents with rehabilitation, mobility and physical wellbeing, while also being suitable for people with more complex needs, including bariatric and post-operative care.

The goal was to create a hydrotherapy environment that felt calm and welcoming rather than clinical, while providing the accessibility, safety and specialist infrastructure required for effective therapy. The Wellness Centre was also designed to serve the wider community, extending access to hydrotherapy beyond the home's residents.

Simplified by Innova

Innova worked with the wider project team to deliver a coordinated hydrotherapy solution as part of Aston Manor's new Wellness Centre.

By bringing specialist pool expertise, accessibility requirements and installation together through one experienced partner, Innova helped ensure the hydrotherapy facility integrated effectively with the surrounding changing and therapy spaces.

The approach included:

- A bespoke hydrotherapy pool designed around the needs of residents and therapy users.
- Accessible pool entry supported by integrated ceiling-track hoisting.
- Coordinated connection between the changing area and pool.
- Resistance jets to support rehabilitation and therapeutic exercise.
- Grab rails positioned around the pool to improve safety and confidence.
- Pool temperature maintained at approximately 35°C for therapeutic use.
- A design that complements the calm, spa-like character of the wider Wellness Centre.

This coordinated approach helped create a facility that combines specialist clinical functionality with the quality and comfort expected within a luxury care environment.



Future-Proofed By Design

Aston Manor's Wellness Centre was designed to support more than the immediate needs of the care home. With its own secure external entrance, the hydrotherapy and physiotherapy facilities can also be accessed by external therapy services and members of the wider community.

This creates a flexible long-term resource that can support rehabilitation, ongoing mobility and wellbeing for a broad range of users, while helping the home adapt its specialist care offering as needs evolve.

Specification Highlights

- Bespoke hydrotherapy pool approximately 4.5m x 2.5m.
- 1.2m water depth.
- Therapeutic water temperature of approximately 35°C.
- Resistance jets supporting rehabilitation and exercise.
- Grab rails installed around all sides of the pool.
- Accessible changing facilities.
- Integrated ceiling-track hoisting providing dignified pool access.
- Coordinated hydrotherapy and physiotherapy provision within a dedicated Wellness Centre.
- Facility designed for residents and wider community use.

Challenges, Outcome & Value Delivered

Aston Manor required a hydrotherapy facility that could support rehabilitation and complex care needs while maintaining the premium, non-clinical character of the wider care home. Innova helped integrate the pool, accessibility and hoisting requirements into one coordinated therapy environment.

The completed Wellness Centre provides residents with greater access to hydrotherapy, supporting mobility, rehabilitation and wellbeing in a calm and dignified setting. With facilities also available to external users, the project has created a valuable long-term therapy resource for both Aston Manor and the wider Buckinghamshire community.



4m x 3m skimmer hydrotherapy pool



AirRise 200 Unit in Changing Room



Accessible Bathroom with Handrails







t | 0345 034 1450
e | enquiries@innova.uk.com
w | innovacareconcepts.com

Innova Care Concepts

Rofta House, Rudgate, Thorp Arch,
Wetherby, West Yorkshire, LS23 7AU

